## WatchPAT™ TurnKey Program

Optimized Sleep Apnea Management to Improve Cardiovascular Treatment Outcomes





Patients have cardiovascular disease in the US<sup>1</sup>



Also suffer from sleep apnea<sup>2</sup>

## Sleep apnea management may improve CVD treatment outcomes

**Itamar Medical**, together with its ecosystem partners, presents a completely remote, seamless and automated care pathway for sleep apnea diagnosis and treatment to improve patient outcomes.

With the **WatchPAT TurnKey program**, we ensure cardiovascular patients are diagnosed and start treatment for sleep apnea in under 2 weeks. **It is as simple as a click of a button, and 100% hassle-free.** 

Remain 80%

Sleep apnea is a major comorbidity of CVD and a significant risk factor for AFib, stroke, CHF and hypertension<sup>4</sup>.

Sleep apnea puts an enormous strain on the heart and remodels the cardiac substrate through stretching, oxidative stress and frequent sympathetic surges<sup>5</sup>.

SHORT **TURNAROUND** TIME **NO FINANCIAL** Screening to BURDEN therapy within No costs to the 2 weeks prescribing physician, No dealing with reimbursement, pre-authorization or billing MINIMAL TIME **& EFFORT FOR** THE CLINIC Clinic only screens the patients and LONG TERM orders the test ADHERENCE Ensure best-in-class outcomes along with detailed reporting back to the referring cardiologist



## WatchPAT TurnKey

SCREENING - Using a short questionnaire to determine patient's risk for sleep apnea

PRESCRIBING HOME SLEEP APNEA TEST – Using a cloud-based platform or via fax

> **DIAGNOSING** – Diagnosis is obtained with an easy to use home sleep test, delivered directly to the patient's home

TEST RESULTS & RECOMMENDATIONS – Test results are securely uploaded to the cloud for study interpretation and treatment recommendation by a board-certified sleep physician

**TREATMENT** - For patients who are eligible, therapy prescription is generated and all therapy equipment is shipped to their home

**TREATMENT EFFCTIVENESS &** 

**COMPLIANCE** - Patients are supported to ensure best-in-class outcomes along with detailed reporting back to the referring physician Talk to your Itamar representative today to learn more about how to optimize the integration of Sleep Apnea management into your practice

www.itamar-medical.com 1-888-7 ITAMAR **tamar** 

References

- 1- Heart Disease and Stroke Statistics 2017 At-a-Glance
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- 3- Sleep Apnea and Cardiovascular Disease, JACC Vol. 52, No. 8, 2008, August 19, 2008:686-717
- 4- Obstructive Sleep Apnea: Preoperative Assessment, Seet & Chung, Anesthesiology Clin 28 (2010) 199-215.
- 5- Atrial Substrate and Triggers of Paroxysmal Atrial Fibrillation in Patients with Obstructive Sleep Apnea, Anter E. Circulation: Arrhythmia and Electrophysiology. 2017